

# GARDEN OF PALMS CALENDAR



# March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>31</b> 9:30 Let's Get Moving 10:00 Morning Discussion 11:00 March Auction 1:30 Let's Walk 2:00 <b>BirthDay Concert w/Carlos Gracia</b> Bingo 3:30 Evening Movie: <i>Because I Said So</i>	"Our refusal to surrender has turned our story into one long, unending Purim Tale."  - <i>Rabbi Nathan Lopes Cardozo</i> 	<b>MARCH DAYS TO NOTE...</b> 01 Employee Appreciation Day 03 Caregiver Appreciation Day 05 Mardi Gras / Fat Tuesday 08 International (Working) Women's Day 10 Middle Name Pride Day 12 Girl Scouts Day 12 Plant a Flower Day 13 Jewel Day 14 Learn About Butterflies Day 14 National Pi Day 15 Dumbstruck Day 16 National Quilting Day 20 International Earth Day 20 Spring Equinox begins 21 Fragrance Day 23 Near Miss Day 30 I am in Control Day 30 National Doctor's Day 30 Take a Walk in the Park Day	<b>BEAUTICIAN OR PODIATRY VISITS</b> See Front Desk to coordinate your appointment for either of these services. <b>SNACKS</b> Enjoy Snacks all day in our Coffee Corner in the activity room	<b>1</b> 9:30 <b>Moving to Music w/Laurel</b> 11:00 Trivia w/Greg 2:00 <b>Shabbat Services w/Rabbi Solomon</b> 3:30 Bingo 6:30 Friday Musical <i>Little Shop of Horrors</i>	<b>2</b> <b>Shabbat Shalom</b> 10:30 <b>Shabbat Services w/Rabbi Tewel</b> 2:00 Saturday Afternoon Movie: <i>My Man Godfrey</i> 4:00 Table Games and Puzzles	
<b>3</b> 9:30 Let's Get Moving 10:00 Morning Discussion 10:30 Group Games: Category Catch 2:00 <b>Concert w/Carol Kelly</b> 3:30 Bingo 6:30 Evening Movie: <i>Life Itself</i>	<b>4</b> 9:30 <b>"Bubbie" Mommy &amp; Me</b> 10:30 <b>Ohr Eliyahu Academy Visit</b> 11:00 Blackjack 2:00 Let's Walk 2:45 <b>Toras Emes Academy Girls Visit</b> 3:45 Table Tennis 6:30 Evening Movie <i>Florence Foster Jenkins</i>	<b>5</b> 9:30 <b>Workout w/Tuekeha</b> 10:30 <b>Storytelling Circle</b> 1:30 Let's Walk 2:00 Arts and Crafts Club 3:30 Bingo 6:30 Evening Series: <i>The Crown</i> , Season 1, Episode 5	<b>6</b> 9:30 <b>Zumba w/Soroya</b> 10:30 <b>Trip to the West Hollywood Library</b> 10:45 <b>Video Concert</b> <i>The Temptations</i> 1:30 Let's Walk 2:00 Word Games 3:30 Wii Bowling 6:30 Evening Movie <i>Jane Eyre</i>	<b>7</b> 9:30 Sit and be Fit 10:30 <b>Jewelry Making w/Juniper</b> 1:30 Let's Walk 2:00 Challah Braiding 3:30 Flower Arranging 6:30 Classic Television <i>The Andy Griffith Show</i>	<b>8</b> 9:30 <b>Moving to Music w/Laurel</b> 11:00 Trivia w/Greg 2:00 <b>Shabbat Services w/Rabbi Solomon</b> 3:30 Bingo 6:30 Friday Musical <i>Fiddler on the Roof</i>	<b>9</b> <b>Shabbat Shalom</b> 10:30 <b>Shabbat Services w/Rabbi Tewel</b> 2:00 Saturday Afternoon Movie: <i>The Marx Brothers Go West</i> 4:00 Table Games and Puzzles
<b>10</b> <i>Daylight Savings Begins</i> 9:30 Let's Get Moving 10:00 Morning Discussion 10:45 <b>Inspirational Hour w/Rabbi Moshe</b> 1:30 Let's Walk 2:00 <b>Concert w/Eddy Allen</b> 3:30 Bingo 6:30 Evening Movie: <i>Miss Congeniality</i>	<b>11</b> 9:30 <b>"Bubbie" Mommy &amp; Me</b> 10:30 Sit and Be Fit 11:00 Word Games 1:30 Let's Walk 2:00 <b>Music w/The City Kids</b> 3:30 <b>Literature Discussion: The Poetry of Robert Frost</b> 6:30 Evening Movie <i>Girl Most Likely</i>	<b>12</b> 9:30 <b>Workout w/Tuekeha</b> 10:30 <b>Poetry w/Liz</b> 1:30 Let's Walk 2:00 Horse Racing 3:30 Nail Spa 6:30 Evening Series: <i>The Crown</i> Season 1, Episode 6	<b>13</b> 9:30 <b>Zumba w/Soroya</b> 10:30 <b>Shopping @ the .99¢ Store</b> 10:45 <b>Video Concert</b> <i>The Hollies</i> 1:30 Let's Walk 2:00 Word Games 3:30 Wii Bowling 6:30 Evening Movie <i>Fall City</i>	<b>14</b> 9:30 Sit and be Fit 10:30 <b>Concert w/Snow Canyon High School Big Band and Show Choir</b> 1:30 Let's Walk 2:00 Challah Braiding 3:30 Flower Arranging 6:30 Classic Television <i>I Love Lucy</i>	<b>15</b> 9:30 <b>Moving to Music w/Laurel</b> 11:00 Trivia w/Greg 2:00 <b>Shabbat Services w/Rabbi Solomon</b> 3:30 Bingo 6:30 Friday Musical <i>Shirley Temple's The Little Princess</i>	<b>16</b> <b>Shabbat Shalom</b> 10:30 <b>Shabbat Services w/Rabbi Tewel</b> 2:00 Saturday Afternoon Movie: <i>Three Guys Named Mike</i> 4:00 Table Games and Puzzles
<b>17</b> <i>St. Patrick's Day</i> 9:30 Let's Get Moving 10:00 Morning Discussion 10:30 Word Games 1:30 Let's Walk 2:00 <b>Concert w/Mark Cole</b> 3:30 Bingo 6:30 Evening Movie <i>Wonder</i>	<b>18</b> 9:30 <b>"Bubbie" Mommy &amp; Me</b> 10:30 Sit and Be Fit 11:00 <b>History Discussion</b> <i>Alexander Graham Bell</i> 1:30 <b>Hamantaschen Making</b> 2:45 <b>Toras Emes Academy Girls Visit</b> 3:45 Table Tennis 6:30 Evening Movie <i>Ghost Town</i>	<b>19</b> 9:30 Sit and Be Fit 10:30 <b>Discussion and Reading: The Story of Purim</b> 1:30 Let's Walk 2:00 <b>Making M'shloach Manot</b> 3:30 Bingo 6:30 Evening Series: <i>The Crown</i> Season 1, Episode 7	<b>20</b> <i>Purim (begins at Sundown)</i> 9:30 <b>Zumba w/Soroya</b> 10:30 <b>Arts &amp; Crafts Club</b> <i>Purim Masks</i> 1:30 <b>Purim Party: Concert w/Yasha and Carnival Games</b> 6:30 Evening Movie <i>Breathe</i>	<b>21</b> <i>Purim (ends at Sundown)</i> 9:30 Sit and be Fit 10:30 <b>Storytelling Circle</b> 1:30 Let's Walk 2:00 Challah Braiding 3:30 <b>Megillah Reading</b> 6:30 Classic Television <i>Cheers</i>	<b>22</b> 9:30 <b>Moving to Music w/Laurel</b> 11:00 Trivia w/Greg 2:00 <b>Shabbat Services w/Rabbi Solomon</b> 3:30 Bingo 6:30 Friday Musical <i>Saturday Night Fever</i>	<b>23</b> <b>Shabbat Shalom</b> 10:30 <b>Shabbat Services w/Rabbi Tewel</b> 2:00 Saturday Afternoon Movie: <i>Charlie Chaplin's Limelight</i> 4:00 Table Games and Puzzles
<b>24</b> 9:30 Let's Get Moving 10:00 Morning Discussion 10:30 Word Games 1:30 Let's Walk 2:00 <b>Concert w/Winfield</b> 3:30 Bingo 6:30 Evening Movie <i>Yours, Mine, and Ours</i>	<b>25</b> 9:30 <b>"Bubbie" Mommy &amp; Me</b> 10:30 Sit and Be Fit 11:00 <b>Storytelling Circle</b> 1:30 Let's Walk 2:00 <b>Literature Discussion: The Poetry of Ogden Nash</b> 3:30 Table Tennis 6:30 Evening Documentary <i>Walk It</i>	<b>26</b> 9:30 Sit and Be Fit 10:30 <b>Resident Council Meeting</b> 1:30 Let's Walk 2:00 <b>Games w/The City Kids</b> 3:30 Nail Spa 6:30 Evening Series: <i>The Crown</i> Season 1, Episode 8	<b>27</b> 9:30 <b>Zumba w/Soroya</b> 10:30 <b>Lunch @Jeff's Gourmet Sausage Factory</b> 10:45 <b>Video Concert</b> <i>Michael Bolton</i> 1:30 Let's Walk 2:00 Word Games 3:30 Wii Bowling 6:30 Evening Movie <i>One Special Night</i>	<b>28</b> 9:30 Sit and be Fit 10:30 <b>Jewelry Making w/Juniper</b> 1:30 Let's Walk 2:00 Challah Braiding 3:30 Flower Arranging 6:30 Classic Television <i>The Mary Tyler Moore Show</i>	<b>29</b> 9:30 <b>Moving to Music w/Laurel</b> 11:00 Trivia w/Greg 2:00 <b>Shabbat Services w/Rabbi Solomon</b> 3:30 Bingo 6:30 Friday Musical <i>The Royal Wedding</i>	<b>30</b> <b>Shabbat Shalom</b> 10:30 <b>Shabbat Services w/Rabbi Tewel</b> 2:00 Saturday Afternoon Movie: <i>Gone with The Wind</i> 4:00 Table Games and Puzzles

**DINING HOURS** Breakfast: 7:30 to 9:00 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Calendar subject to change.  
lic: 197603221

# GARDEN OF PALMS MENU



# March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>31</b> <b>BREAKFAST</b> French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Zucchini Soup, Macaroni & Cheese Caesar Salad Carrot Cake <b>DINNER</b> Potato Soup, Turkey Meatloaf, Seasoned Bulgur Wheat, Vegetable Medley Oatmeal Raisin Cookies	<b>MENU ALTERNATIVES</b> Salads, Sandwiches, Chicken, Tuna, Eggs, Cottage Cheese, Yogurt, PB&J, & Whole Wheat Bread are available. Please see your server for Alternative Menu 	<b>MARCH DAYS TO NOTE...</b> Asset Management Awareness Month Irish American Month March to Health Month Multiple Sclerosis Awareness Month Music in Our Schools Month National Caffeine Awareness National Celery Month National Craft Month National Flour Month National Frozen Food Month	National Kidney Month National Noodle Month National Nutrition Month National Peanut Month National Sauce Month National Social Work Month National Umbrella Month National Women's History Month Red Cross Month Social Workers Month	<b>BEVERAGES</b> <b>Breakfast</b> Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water <b>Lunch &amp; Dinner</b> Coffee - Hot Tea Water - Ice Tea Lemonade	<b>1</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast <b>LUNCH</b> Carrot Soup, Cheese and Blueberry Blintzes, Sour Cream, Apple Sauce Green Beans, Butterscotch <b>DINNER</b> Gefilte Fish, Matza Ball Soup Stuffed Cabbage, Mashed Potatoes Blueberry Cake	<b>2</b> <b>BREAKFAST</b> Lox & Bagels, Herring, Cream Cheese Cold Cereals, Seasonal Fruit <b>LUNCH</b> Borscht, Cholent Cucumber Salad, Challah Banana Cake <b>DINNER</b> Lentil Soup, Grilled Chicken Mushroom and Onion Quinoa Israeli Salad, Homemade Cakes
<b>3</b> <b>BREAKFAST</b> French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Potato Soup, Falafel and Pita Peas and Carrots Chocolate Chip Cookies <b>DINNER</b> Egg Drop Soup, Turkey Salisbury Steak Seasoned Bulgur Wheat, Sauteed Zucchini and Onions, Vanilla Cake	<b>4</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style, Seasonal Fruit Hot & Cold Cereals, Toast <b>LUNCH</b> Cauliflower Soup, Vegetable Lasagna Waldorf Salad, Cinnamon Buns <b>DINNER</b> Split Pea Soup, General Tso's Chicken Asian Style Vegetables, Rice Pineapple Cake	<b>5</b> <b>BREAKFAST</b> Waffles, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Bean Soup, Grilled Salmon Seasoned Butter Rice, Green Beans Snickerdoodle Cookies <b>DINNER</b> Minestrone Soup Chinese Beef and Broccoli, Rice Orange Cake	<b>6</b> <b>BREAKFAST</b> Omelette, Hash Browns Hot & Cold Cereals, Seasonal Fruit, Toast <b>LUNCH</b> Bell Pepper Soup, Eggplant Parmesan Garlic Green Beans, Brownies <b>DINNER</b> Split Pea Soup, Turkey Fricassee Seasoned Quinoa Roasted Peppers and Squash Sandies	<b>7</b> <b>BREAKFAST</b> French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Mushroom Soup, Salt & Pepper Cottage Cheese Noodles, Purple Cabbage and Celery Salad, Butterscotch Cookies <b>DINNER</b> Lentil Soup, Oven Fried Chicken Corn Bread, Sauteed Veggies Homemade Mandel Bread	<b>8</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast <b>LUNCH</b> Spinach Soup, Tuna and Egg Salad Cottage Cheese, Veggie Medley Fresh Focaccia, Coconut Muffins <b>DINNER</b> Gefilte Fish, Matza Ball Soup Grilled Rib Steak, Roasted Potatoes Baked Veggies, Jelly Roll	<b>9</b> <b>BREAKFAST</b> Lox & Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Borscht, Cholent, Coleslaw, Challah Fresh Fruit, Almond Cookies <b>DINNER</b> Mushroom Barley Soup, Deli Sandwiches Sesame Noodles, Israeli Salad Homemade Cakes
<b>10</b> <i>Daylight Savings Begins</i> <b>BREAKFAST</b> French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Carrot Soup, Macaroni & Cheese Baked Vegetables Chocolate Muffins <b>DINNER</b> Vegetable Soup, Grilled Lemon Pepper Tilapia, Bulgur Wheat, Sponge Cake	<b>11</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style, Seasonal Fruit Hot & Cold Cereals, Toast <b>LUNCH</b> Cabbage Soup, Vegetable Quiche Salad, Chocolate Cream Cheese Marble Bars <b>DINNER</b> French Onion Soup, Grilled Hot Dogs Purple Cabbage Slaw Pumpkin Spice Cake	<b>12</b> <b>BREAKFAST</b> Waffles, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Tomato Soup, Grilled Muenster Cheese Sandwiches, Green Beans Cinnamon Raisin Cookies <b>DINNER</b> Minestrone Soup Chicken Lo Mein w/Vegetables Jello	<b>13</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Bell Pepper Soup, Rosemary Chicken Garlic Pasta, Ice Cream <b>DINNER</b> Split Pea Soup, Beef Chili Pasta with Bulgur Wheat Vegetable Medley Mandel Bread	<b>14</b> <b>BREAKFAST</b> French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Mushroom Soup, Salt and Pepper Cottage, Cheese Noodles Butterscotch Cookies <b>DINNER</b> Lentil Soup, Apricot Chicken Seasoned Bulgur Wheat, Sauteed Vegetables, Mandel Bread	<b>15</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast <b>LUNCH</b> Cauliflower Soup, Cheese and Blueberry Blintzes, Sour Cream, Apple Sauce Green Beans, Sugar Cookies <b>DINNER</b> Gefilte Fish, Matza Ball Soup Roasted Turkey, Sweet Noodle Kugel Grilled Vegetables Blueberry Cake	<b>16</b> <b>BREAKFAST</b> Lox & Bagels, Herring, Cream Cheese Cold Cereals, Seasonal Fruit <b>LUNCH</b> Borscht, Cholent, Cole Slaw Challah, Banana Muffins <b>DINNER</b> Beef Kreplach Soup, Chicken Salad Italian Garden Pasta, Israeli Salad Assorted Cakes
<b>17</b> <i>St. Patrick's Day</i> <b>BREAKFAST</b> French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Zucchini Soup, Cobb Salad Baked Potatoes Chocolate Pudding <b>DINNER</b> Cabbage Soup, Oven Fried Chicken Rice, Green Beans, Apple Cake	<b>18</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style, Seasonal Fruit Hot & Cold Cereals, Toast <b>LUNCH</b> Carrot Soup, Pizza, Waldorf Salad Brownies <b>DINNER</b> Split Pea Soup, Grilled Beef Kabobs Roasted Vegetables Seasoned Cracked Wheat Orange Cake	<b>19</b> <b>BREAKFAST</b> Waffles, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Spinach Soup, Baked Salmon Seasoned Rice, Broccoli, Cream Puffs <b>DINNER</b> Minestrone Soup, Turkey Meatballs Mashed Potatoes, Sauteed Vegetables Jello	<b>20</b> <i>Purim (begins at sundown)</i> <b>BREAKFAST</b> Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Cauliflower Soup, Garden Salad Creamy Parmesan Pasta Marble Cookies Dinner <b>DINNER</b> Vegetable Soup, Swedish Meatballs Rice, Roasted Spring Vegetables Hamantashen	<b>21</b> <i>Purim (ends at sundown)</i> <b>BREAKFAST</b> Lox & Bagels, French Toast, Eggs Any Style, Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Chicken Soup, Hush Puppies, Deviled Eggs, Sweet Potato Fries, Coleslaw Hamantashen <b>DINNER</b> Lentil Soup, Oven Fried Chicken Green Beans, Roasted Potatoes Jello	<b>22</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast <b>LUNCH</b> Bean Soup, Potato Pancakes, Sour Cream, Apple Sauce, Sauteed Vegetables, Vanilla Cookies <b>DINNER</b> Gefilte Fish, Matza Ball Soup, Salisbury Steak, Potato Kugel, Tzimmes Chocolate Chip Bars	<b>23</b> <b>BREAKFAST</b> Lox & Bagels, Herring, Cream Cheese Cold Cereals, Seasonal Fruit <b>LUNCH</b> Borscht, Cholent, Cucumber Salad Challah, Honey Cookies <b>DINNER</b> Mushroom Barley Soup, Turkey Club Sandwiches, Tabbouleh Peas and Onions Salad Assorted Cakes
<b>24</b> <b>BREAKFAST</b> French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Zucchini Soup, Tuna Casserole Carrots and Peas, Chocolate Pudding <b>DINNER</b> Carrot Soup, Chicken Breast w/Mushroom and Onion Sauce, Bulgur Wheat Green Beans, Sponge Cake	<b>25</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style, Seasonal Fruit Hot & Cold Cereals, Toast <b>LUNCH</b> Veggie Soup, Cheese Ravioli Ratatouille, Ice Cream <b>DINNER</b> Split Pea Soup, Beer Battered Turkey Dumplings, Homemade Dipping Sauce Grilled Vegetables Cool Lemonade Swirl Cookies	<b>26</b> <b>BREAKFAST</b> Waffles, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Potato Soup, Chicken Salad Italian Pasta, Steamed Broccoli Cinnamon Raisin Muffins <b>DINNER</b> French Onion Soup, Grilled Salmon Seasoned Rice, Garden Salad Banana Nut Cake	<b>27</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit <b>LUNCH</b> Cabbage Soup, Eggplant Parmesan Garlic Green Beans Custard Pastries <b>DINNER</b> Vegetable Soup, Ground Pepper Steak Rice, Peppers and Onions, Fresh Fruit Gingersnap Cookies	<b>28</b> <b>BREAKFAST</b> French Toast, Eggs Any Style Hot & Cold Cereals, Fresh Fruit <b>LUNCH</b> Mushroom Soup, Fettuccine Alfredo Garden Salad, Sandies <b>DINNER</b> Lentil Soup, Oven Fried Chicken Green Beans, Roasted Potatoes Jello	<b>29</b> <b>BREAKFAST</b> Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast <b>LUNCH</b> Bean Soup, Cheese and Blueberry Blintzes, Sour Cream, Apple Sauce Creamy Spinach, Butterscotch Bars <b>DINNER</b> Gefilte Fish, Matza Ball Soup, Salisbury Steak, Roasted Potatoes, Baked Vegetables, Mocha Frosted White Cake	<b>30</b> <b>BREAKFAST</b> Lox & Bagels, Herring, Cream Cheese Cold Cereals, Seasonal Fruit <b>LUNCH</b> Borscht, Cholent, Challah Coconut Cookies <b>DINNER</b> Chicken Soup, Deli Sandwiches Corn Salad, Israeli Salad Homemade Cookies

**DINING HOURS** Breakfast: 7:30 to 9:00 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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